

## ACKNOWLEDGEMENT OF RISKS & INDEMNITY AGREEMENT

(This must be signed for an Acceptance of your Entry)

The Ladakh Marathon is promoted and organised by High Altitude Sports Foundation Ladakh, a not-for Profit Private non-Government company, hereinafter referred to as "Event Organiser".

By submitting your registration form, you agree to comply with the "Ladakh Marathon Terms & Conditions 2025" and "Acknowledgement of Risks & Indemnity Agreement".

A) I agree to have understood the risk and responsibility of participating in the "LADAKH MARATHON", hereinafter referred to as the "Event", and will be participating entirely at my/his/her own risk and responsibility.

B) I agree to have given true and complete information in this application form, and I/my ward is solely responsible for the accuracy of this information.

C) I acknowledge that I am aware that any Event, whether in civilized or remote areas, contains some inherent risks of illness, injury, or death. The same may be a result of the negligence of others, myself, forces of nature, or other agencies known or unknown. I recognize that such risks may be present at any time before, during, and after the Event that I am participating in under the arrangements of Ladakh Marathon, being organised by High Altitude Sports Foundation Ladakh, its administrators, agents or associates. I am also aware that medical services may not be readily available or accessible during some or all the time while I am participating in the Event.

D) I acknowledge that it is my responsibility to understand the risks and determine that I have an appropriate fitness level to participate safely in such a physically challenging Event.

E) I acknowledge that my entry is non-refundable and non-transferable if the Event is cancelled for reasons beyond the control of Event organiser, and that if the Event is cancelled, Ladakh Marathon has no obligation to me for any expenses that I may incur pertaining to my planned participation, whether for travel, lodging, meals, or any other matter.

F) I understand and agree to the Event Terms and Conditions 2025.

Signature: \_\_\_\_\_ Today's Date: \_\_\_\_\_

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**Release:** In consideration of the right to participate in the Event, which is promoted and organised by High Altitude Sports Foundation Ladakh, I agree to the terms of this Acknowledgement of Risks, Release of Liability & Indemnity Agreement.

I have and do hereby fully assume all risks of illness, injury, or death. **(I understand that the Event includes certain inherent and other risks including, but not limited to, high altitude sickness, falling or slipping, landslides, rock fall, vehicular traffic, or any other natural calamity that may occur during the Event, etc.)** whether they are known or unknown. These risks cannot be eliminated, and I willingly assume these risks. I understand that these risks may result in bodily injury (including paralysis), death, or damage to property. I also understand that I will not hold the Ladakh Marathon Committee persons, Officials and Volunteers, High Altitude Sports Foundation Ladakh, and all other administrators, associates, agents or employees liable of negligence in the event of any accident that may occur due to the negligence of me or any other participant on account of not following instructions or due to such acts done which are outside the Event for which I am participating. Furthermore, I hereby release and discharge Ladakh Marathon, Committee persons, Officials and Volunteers, High Altitude Sports Foundation, and all other administrators, associates, agents, or employees from all actions, claims, or demands for damages resulting out of my

participation in the Event. I agree that the foregoing obligation shall be binding upon me personally as well as upon my heirs, executors, administrators, and all members of my family (including any minor accompanying me).

**Authorization and Agreement:** I hereby authorize any medical treatment deemed necessary in the event of any injury while participating in this Event. I agree to pay all costs of rescue and/or medical services as may be incurred on my/our behalf.

**Express Assumption of Risk and Responsibility:** I recognize that as the organiser of the Event, High Altitude Sports Foundation Ladakh will operate under a covenant of good faith and fair dealing but that it may find it necessary to terminate the same due to forces of nature, medical necessities, or other problems. I accept their right to take such action not only for my safety but also for the safety of all participants. I have carefully read this contract and fully understand its contents. I am aware that this is an acknowledgement of risks and liability agreement between Event Organiser (High Altitude Sports Foundation Ladakh) and me.

#### Emergency Contact Information

I hereby advise High Altitude Sports Foundation Ladakh, Event organiser of LADAKH MARATHON, to inform:

Mr/Mrs\* .....at Tel no with ISD  
code)\* .....in case of any eventuality

My name: Mr/Mrs/ Ms\* .....

Father's/Mother's/Husband's/Wife's Name/Others\* .....

Date of Birth.....

Nationality.....

My organisation (if applicable).....

My Current Residential Address\*.....

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Tel (Off/Res).....

Mobile\* .....

Email\* .....

List of allergies.....

Any prescribed medication.....

Signature\* .....

Date\* .....

Anything else you think we should know about you.....